

2016 Trisomy Awareness Month

March is Trisomy Awareness month and it will be here before we know it. Here are some ideas that can help us all prepare and be ready for Trisomy Awareness month.

1. Register with SOFT or renew and update your SOFT registration. As a registered member of SOFT you will receive email blasts, updates and get first access to our newsletter and more. Register or update here: http://trisomy.org/?page_id=17

2. Submit (or update) your child's story on our SOFT Family Story page: http://trisomy.org/?page_id=5374/

Your story matters and sharing it helps support Trisomy Awareness by helping in many ways those families who are coming behind us on this journey by:

- Helping families understand that they aren't alone
- Helps families know that there are others who understand
- Gives families evidence that many children with trisomy do survive
- Helps families understand that regardless of the length of their life each child brings their family great joy.

3. Request your 2016 Trisomy Awareness month profile and cover photo images by submitting your child's photo to the SOFT Trisomy Awareness committee at trisomyawareness@gmail.com. We will begin creating images in the next few days. Images will be created and posted to the SOFT FB wall once created.

4. Order your 2016 "Embrace the Journey" Trisomy Awareness t-shirt or hoodie. Sizes to fit the entire family! <https://teespring.com/stores/trisomy-awareness>

5. Create your "Toss 4 Trisomy" 2016 Trisomy Awareness Challenge video and post to the Toss4Trisomy FB page: <https://www.facebook.com/jump4trisomy/>

Everyone who creates and posts a Toss 4 Trisomy video will be eligible to win prizes during the month of March. Stay tuned for additional information.

6. Order your SOFT Trisomy Awareness promotional items: http://trisomy.org/?page_id=9808
Use these postcards to share "Trisomy Facts" and awareness with your medical professionals and around your community.

7. To keep up to date with all that is going on during Trisomy Awareness Month be sure to:

Like the SOFT FB page:

<https://www.facebook.com/Trisomy18.Trisomy13.Awareness.SOFTrelatedDisorders/>

The SOFT Trisomy Awareness FB page:

<https://www.facebook.com/TrisomyAwareness.SOFT/>

And join the SOFT FB Group if you are not already a member:

<https://www.facebook.com/groups/TrisomySOFT/>

Our theme for Trisomy Awareness Month is “Embrace the Journey” and our goal is to let the world know that many children are living with Trisomy. We want to make sure that those families who need us can find us. Our intention is to help people understand that regardless of the length of time that a child is here, each child matters. Each child has purpose. And each child is loved beyond measure.