

# 2025 TRISOMY AWARENESS MONTH EVENTS

- **March 1st - 7pm CST:** *Welcome to Trisomy Awareness Month - Facebook Live* - Join us for an overview of the month's activities and learn how you can get involved.
- **March 8th - 7pm CST:** *Family Game Night - [Zoom](#) & Facebook Live* - Join us for a fun filled night of online games. You're guaranteed to laugh and could win prizes too!
- **March 9th - 6pm CST:** *Trisomy 9 Medical Panel - Facebook Live* - Dr. John Carey and Dr. Mindy Li will be answering your questions as well as discussing care for people with trisomy 9. [Submit Questions Here!](#)
- **March 13th - 6pm CST:** *Trisomy 13 & 18 Medical Panel - Facebook Live* - Our team of Medical Board Members will be answering your questions and discussing care for people with trisomy 13 & 18 live! [Submit Questions Here!](#)
- **March 16th - 7pm CST:** *Memorial Ceremony - [Zoom](#) & Facebook Live* - Join us virtually as we remember our trisomy loved ones that live on in our hearts.
- **March 22nd - 12 noon CST :** *Expectant Parents Group Meeting - [Zoom](#)* - Connect with other families for support and sharing experiences.
- **March 29th - 7 pm CST:** *SOFT Family Get Together - [Zoom](#)* - Join us virtually to reconnect with old friends and meet new ones.
- **March 31st - 7 pm CST:** *Closing Celebration - Facebook Live* - A virtual gathering to reflect on the month's achievements and celebrate our community.

**FRIDAY NIGHT GIVEAWAYS!!!** - *Facebook Live* - Every Friday we will be live giving away SOFT swag!



**TRISOMY.ORG**

